

January 2019

www.sayreschool.org

DATES TO REMEMBER

December	18	End of Quarter Two/First Semester
	19 – Jan 2	Holiday Break
	20	Boys LAX/Football/Swim Teams volunteer project (info enclosed)
January	3	Classes Resume Juniors/Junior Parents College Night Program/5:30P/Buttery
	4	All School Dress Down Day
	9	US Art Exhibit Opening/10:15A
	10	Sayre Parents Association (SPA) Meeting at 8:15/Buttery Jasko Room
	11	Report Cards will be available online by the end of the day ACT Registration Deadline for the February 9 Test
	21	MLK Holiday
	26	Homecoming Games at 6/7:30P Homecoming Dance 9P – 11P/Whitaker Family Atrium/Upper School

JUNIORS/JUNIOR PARENTS

The Junior Parents' and Students' College Planning Program is scheduled for Thursday, January 3, 2019, at 5:30pm in the Buttery. A full calendar of dates and activities will be distributed at the meeting, as well as support materials that will be useful as the college search continues. An overview will be presented of the services provided by the College Counseling Office to students and families. There will be time for questions.

The evening will feature a panel discussion, led by Sayre School graduates and their parents. They will reflect on their college selection experience and offer tips and suggestions. The Sayre graduates will also discuss the experience they are having at the type of institution they are currently attending. I believe this format will provide a tremendous opportunity for firsthand information exchange.

Both students and parents are encouraged to attend this meeting.

Mrs. Bilberry and Mr. Mills will encourage the juniors to register for the March 2019 SAT test and the February 2019 ACT test. Students should register online at www.act.org and at www.collegeboard.com.

We look forward to continuing the college search process with the Class of 2020!

WEATHER DELAYS

Sayre School may be closed due to bad weather or may be open on a one-hour delay depending on road conditions. If Sayre is operating on a delay, the Upper School will begin at 9:05 rather than 8:05 but will still dismiss at the same time.

Sayre's website will show delays or closings on the News/Info Page. The following television and radio stations will have information regarding the delay or closing.

WLEX (Channel 18)

WKYT (Channel 27)

WTVQ (Channel 36)

WVLK (590AM)

WKQQ (100.1FM)

WLKT (104.5 FM)

If Sayre is in session and the public schools do not have school it will be a dress down day for our students and faculty.

SAYRE SCHOOL STUDENT ELECTED LIEUTENANT GOVERNOR AT KYA 2018

Sayre freshman, **James Gunasar** was elected Lieutenant Governor at the Kentucky Youth Assembly, held in Louisville, November 15-17, 2018. Over 1200 students from 43 schools around the Commonwealth attended the high school conference. Sayre students were deemed a "Premier Delegation" for their overall excellence and also received the following individual awards and recognitions:

- ❖ **Missy Hill '19** Outstanding Delegate
- ❖ **Aya Samadi '20** Media Corp – Distinguished Photography
- ❖ **Bluegrass Bill** passed both House and Senate chambers in the Capitol - recognized as a "highly ranked" bill --
An act to re-establish the Civilian Conservation Corps in Kentucky, sponsored by **Coby Cummins, Levy Deckard, Cate Goodman and Melissa Shane ('21)**
- ❖ **Commonwealth Bill** passed both House and Senate Chambers --
An act to restrict coal mining activities in and around waterways, sponsored by **Olivia Allran, August Brooks, Abigail Dietrich, Jenna Moses, and Sierra O'Brien ('20)**

Students made their mark in a full range of KYA programs, including

Leadership

Wick Hallos and Karuna Lakhiani ('19) were selected to serve as justices on the Supreme Court
Madeleine Bruelheide and Missy Hill ('19) oversaw legislative dockets as committee chairs
Benjamin Waltman ('20) ran a campaign for presiding officer

Lobbyist

Ren Talbert ('19) represented clients and influenced legislative debate through advocacy and networking

Judicial

John Gunasar, Caroline Parker, Laura Rich ('20) served as judicial advocates, presenting oral arguments before legal professional and student justices

Legislative

In addition to bill teams listed above, Sayre's general delegates debated and voted on proposed bills in legislative chambers – **Garrett Nail ('19); Kathleen Beebe, Trey Fry, Leena Haider, Cassidy Hook, Maha Iqbal, Vanessa Jones, Sierra O'Brien, Laiba Rasul, Audrey Sams, and Caroline Yandell ('20); Ainsley Hojnacki, Nate Scudder, and Parker Stewart ('21); and Anna Kate Miedler, Lindsay Whitaker, and Allison Yandell ('22).**

Special congratulations to advisor **Linda Beck**, who was inducted into the Kentucky YMCA Youth Association Advisor Hall of Fame, for her over 35 years of service and commitment in taking students to Y-Conferences. Thanks to her and advisor, **Delia Pergande**, for another successful KYA!

HOST FAMILY NEEDED FOR ROTARY INTERNATIONAL EXCHANGE STUDENT

If you're fascinated by the world, if you love learning about different cultures and languages, if you're adventuresome and eager to gain true insights about foreign countries but are Kentucky locked (because of school, work, family...), think of hosting a foreign exchange student for a term or a semester. It's an eye-opening experience for the entire family that can lead to lifelong friendships as well as the opportunity to one day visit a friendly and welcoming family in a far-away place. If you're intrigued or curious, please ask Dr. Linda Froehlich for more information.

lfroehlich@sayreschool.org

COLLEGE COUNSELING NEWS

The Scholarship Programs below are accepting applications from students until December 31, 2018. Please read the application instructions on the website carefully before applying.

Below are a couple of useful websites:

www.finaid.org – This website, among other features, provides families the opportunity to enter financial data to determine your Expected Family Contribution (EFC) toward the cost of a college education.

www.fastweb.com – We have encouraged students to browse this website to search for available outside scholarships.

The [Wake Forest Summer Immersion program](#) offers rising sophomores, juniors, seniors and incoming college freshmen the opportunity to experience the “beat and pulse” of some of the most exciting career pathways and college majors. Their week-long institutes give students valuable insight towards pursuing their goals before college.

2019 Institutes: Biosciences & Engineering, Business, Dance, Debate & Public Advocacy, Documentary Film, Entrepreneurship, Health & Exercise Science, Health & Wellbeing, Law, Leadership, Medicine, Neuroscience, Policy & Politics, Psychology, Sports Marketing, Sports Medicine, Technology, and Visual Arts.
To learn more visit go.wfu.edu/sip.

CyberMath Academy offers summer camps at both Harvard University (July 6-17) or Stanford University (July 15-27). Students will be able to choose from a variety of options which include College Prep (SAT and College Counseling and Application Planning), Math, Coding, Robotics, Game Design and Physics. Registration is open at <https://cybermath.org>.

BLUEGRASS YOUTH SUSTAINABILITY COUNCIL (BYSC)

BYSC is a student-led collaboration of 65 students from seven public and three private high schools in Fayette County that work with local nonprofits, universities, community leaders and businesses to improve sustainability in our city and on our campuses.

The Sayre School Committee Members are: **Athena Frasca** (Council Co-Facilitator), **August Brooks, Lauren Dodson, Olivia Frasca, Tamara Hamdalla, Alison Henry, Cassidy Hook, Elise McKinney, Aya Samadi, Reade Smith, Ren Talbert, and Ben Waltman.**

A few of the projects and recognitions the BYSC has achieved include:

- ❖ The installation of two water bottle refilling stations in each high school
- ❖ Partnership with Transylvania University to host inaugural Student Sustainability Leadership Academy, April 2018
- ❖ Co-hosting Idea Festival Earth Day Celebration with Bluegrass Tomorrow
- ❖ The installation of cinderblock planters at Henry Clay High School
- ❖ Partnership with Town Branch Project to provide youth perspective on park design
- ❖ Recipient 2018 Lexington Environmental Commission Environmental Award

HOLIDAY GIVING

We would like to thank our Upper School students and you, their families, for your generosity during this holiday season.

At Thanksgiving we collected over 1,600 pairs of socks which were distributed to the Lighthouse Ministry, The Nest, The Hope Center, The Hope Center for Women, Room in the Inn, and the Salvation Army.

The Nest Reindeer Express and the Salvation Army Angel Tree were the recipients of numerous huge bags of toys and clothing for the children. It was a proud moment when our students were taking several trips to the vans to load these bags. Overwhelmingly humbling!

SPORTS TEAMS SERVICE TO THE COMMUNITY

Three Sayre sports teams will be participating in a community service project this Thursday, December 20 hosting the KVC holiday party in the Buttery. The party is for children in foster care, and the teams will work in shifts by serving them a meal, assisting with arts & crafts, and pictures with Santa, in addition to other holiday activities.

Swim Team	9AM – Noon
Football	Noon – 3PM
Boys Lacrosse	3PM -6PM

MU ALPHA THETA (MATH CLUB)

Mu Alpha Theta members are available for peer tutoring. If interested, please contact Julie Wyman jwyman@sayreschool.org or their individual math teacher to set up a tutor and time to meet.

TURNING 16?

A reminder about turning 16 and going to take your driving permit test – all counties require you to bring a School Compliance Verification form completed by a school administrator. In addition to the form you will also need your social security card and state birth certificate. This form is not needed when you take the actual driving test. FYI – no form and documents they will turn you away. Please see Ms. Haden for the form.

LAPTOP REPAIR PROTOCOL

A reminder, if you are having laptop problems, Ms. Feldman should be your first stop; she will back up your data and get you started on a loaner while your laptop is being repaired.

STUDENT NEWS

Caroline Parker '20 was awarded a National Security Language Initiative for Youth (NSLI-Y) scholarship for 2018-19 by the U.S. State Department's Bureau of Educational and Cultural Affairs. Caroline studied Russian in Moscow this past summer.

Caroline, competitively selected out of over 3,300 applications from across the United States, was one of approximately 670 Chinese, Hindi, Korean, coming year. While in language instruction, local culture as part of an



The NSLI-Y Government initiative ability to communicate in international dialogue competitiveness. The promoting critical enhancing cross-cultural a lifetime of interest in developing the skills to effectively in the global marketplace, promote mutual understanding, and contribute to a more peaceful world.

students who studied or will study Arabic, Persian, Indonesian or Russian overseas this Russia for six weeks, Caroline received formal lived with a host family, and experienced the immersion environment.

program is part of a multi-agency U.S. launched in 2006 to improve Americans' select critical languages to advance and increase American economic global goals of the NSLI-Y program include: language learning among American youth; understanding and deepening trust; sparking foreign language and culture; and advance international dialogue, compete

Sophomore, **Allison Kimmerer**, has been dancing since she was two years old. However, she really didn't like dance until around third grade as her real interest had been, until this time, competitive and year-round swimming.

Fast forward several years and Allison is now a full time dancer, and dances 25-30 hours a week!

Each summer, Allison attends an 5-week camp learning from the best from around the world (Central Youth Ballet). It is a world renowned alumni and graduates at almost every company in the US.

Allison has won numerous awards regionally and locally.

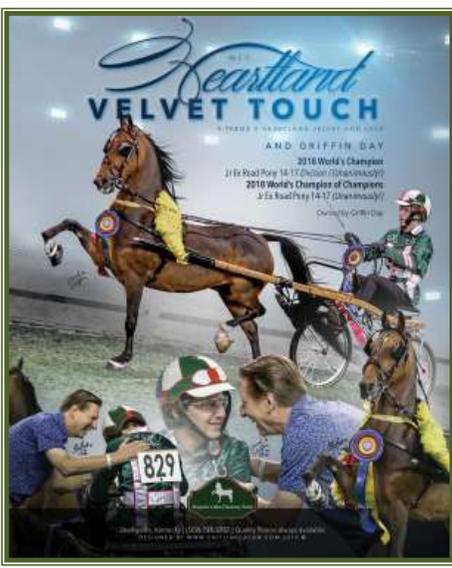
The many hours of practice required other ways than just being hard on socially as well. While you are in the your friends are hanging out, relaxing, sporting and social events. Although, when you're on stage makes it all



intensive ballet teachers Pennsylvania school, and has major ballet

nationally,

can be difficult in your body - studio for hours, attending school the feeling you get worth it.



Griffin Day '22 completed an undefeated show season with a World Championship and as the Unanimous National Champion at the Kansas City UPHA/American Royal 2018 Horse Show in early November.

Congrats, Griffin!

Colin Miedler '22 had an incredible experience the weekend prior to Thanksgiving. As a member of the South Carolina Yacht Club Junior Sailing Team he participated in the J70 Youth National Championship Regatta in St. Petersburg, Florida. Twenty one races were sailed over the three days in Tampa Bay.



Colin's team, the youngest and lightest competing struggled on day one as the breeze was up and the kids struggled to keep control in the big waves.

Day two saw lighter air and conditions better suiting their team. They improved over the weekend and on Sunday finished strong.

What a tough sport

and we have not had a Sayre student participate in this sport before!

Colin (seated center)



[SWIM TEAM HIGHLIGHTS FROM CITY MEET](#)

Congratulations to the girls on their victory over LCA & Bryan Station and to the following swimmers.

Abby Grunwald, Syrah Nash, Abigail Prewitt, & Mallory Pitman	6th in the 200 medley relay
Abby Grunwald, Caroline Parker, Abigail Prewitt, & Mallory Pitman	6th in the 200 free relay
Alex Mills, Solly Van Meter, Harry Wang, & Max Cairo	7th in the 200 free relay
MJ Farrell, Syrah Nash, Caroline Parker, & James Van Meter	8th in the 400 free relay
Abby Grunwald	2nd in the 200 free/6th in the 100 fly
Alex Mills	6th in the 50 free
Mallory Pitman	8th in the 50 free

There were several personal best times for some of the swimmers including a 40 second drop for **Solly Van Meter** in the 500 free!

CHOICES HEALTH ADVISORY TEAM (CHAT) STATS

If you think drinking alcohol is normal for Sayre students, think again. Did you know that:

- ✓ 67% of Sayre students have NEVER had a drink of alcohol. NEVER*
- ✓ 88% of Sayre students either DO NOT DRINK AT ALL or typically drink once a month or less*

From 2012 to 2017, the number of students classified as "higher-risk drinkers" decreased from 16 to 10. In addition, the number of students classified as "non-drinkers" increased from 72 to 90. *

*2017 Freedom from Chemical Dependency (FCD) Survey results

Students- If you're concerned about something, let us know. Confidential and non-disciplinary, CHAT teachers are: Mr. Bebensee, Mrs. Bilberry, Dr. Froehlich, Ms. Morrish, Dr. Pergande, and Mr. Williams.

UPPER SCHOOL SUMMER OFFERINGS

The Upper School will be offering a few activities for the summer of 2019.

- ✓ Rachel Holsinger and Debbie Wheeler are offering a trip to Iceland to current ninth thru twelfth graders June 27 – July 4, 2019. If you are interested in sending your child please contact either science teacher. rholsinger@sayreschool.org or dwheeler@sayreschool.org
- ✓ Rachel is also teaching Advanced Summer Chemistry May 27 – June 21 for rising tenth and eleventh graders from 8:30 – 11:30 daily.
- ✓ The Math Department will offer an advanced summer math class, either Honors Algebra 2 or Honors Pre-Calculus depending on interest. Contact Amy Dunn acdunn@sayreschool.org for additional information.

SPARTAN SHOP

The Spartan Shop, located in the lower level of the Buttery, has a large selection of Sayre School items for sale. Store hours are Tuesdays from 8:00-9:30A and Wednesdays/Thursdays from 3:00 – 4:30.

Merchandise may be purchased with cash, check or credit card. School charges are not accepted.

We hope to see everyone at the Sayre Athletic Complex (SAC) and the C.V. Whitney Gymnasium wearing their Sayre School garb!

SCHOOL DANCES

Dances are from 9P – 11P and are held in the Upper School atrium. Current students are admitted free. Guest admittance is \$5 and must be purchased in advance from Dr. Quintero. All students are checked in when they arrive for the dance. In addition to the faculty chaperones, there will be a police officer who provides security at the event and in the parking lot.

LEXINGTON SISTER CITIES YOUNG ARTISTS SHOWCASE

This year's theme, "**Global Citizens: Resilient Communities**," highlights the importance of citizen diplomacy and the innovative ways citizen diplomats – people like students, community members and business leaders – achieve peace through people-to-people interactions.

Students are encouraged to draw inspiration from their experiences with Sister Cities, travel, exchange, international friendships, and the many ways that people cultivate relationships across cultures.

The deadline for entries is February 28, 2019. For more information www.lexingtonsistercities.org or www.facebook.com/lexingtonsistercities.

SAYRE PARENTS ASSOCIATION

To become more involved with the school and Sayre Parents Association (SPA)

<http://www.sayreschool.org/page.cfm?p=4588>.

SPARTAN BOOSTER CLUB

Mission

To encourage, promote and support Sayre Athletics as a significant and enriching element in our students' overall educational experience. To empower our student athletes to achieve excellence, embrace challenge and cultivate integrity in order to lead purposeful lives in an ever-changing world.

Membership

As Spartan Booster Club members, we unite in our efforts to support and enhance the athletic experience for all Spartan Athletes. We work cooperatively with the Department of Athletics and our coaches to build enthusiasm, promote sportsmanship and positive values, generate school spirit, and further Sayre School's mission and the Department of Athletics.

We hope that you will support our mission and Sayre Athletics by becoming a Spartan Booster Club member.

<u>Level</u>	<u>Amount</u>	<u>Benefits</u>
Young Alumni*	\$50	Home Game Pass**
Member	\$75	Spartan Booster Hat
Varsity	\$250	Hat and Single Season Family Game Pass**
Champion	\$500	Hat, Full Year Family Game Pass**
VIP	\$750+	Hat, Full Year Family Game Pass** plus Booster Nike Jacket

* Young Alumni - 1 to 15 years after graduation

**Passes are good for all home games at the gym and SAC with the exception of tournaments and play-off games.

To join the Booster Club: <https://www.sayreschool.org/page.cfm?p=>

