

February 2019

Did you know?

February 27th is National Community Supported Agriculture Day. Lexington is lucky to have such a fantastic Farmer's Market throughout several neighborhoods, covering multiple days of the week. Sayre purchases fresh produce from Papania's Produce, operated by the Papania family since 1896. They buy locally from area farmers.

February 4th is National Homemade Soup Day. I've written before about my grandmother and great aunt on my mother's side, watching them cook. My father's father would make a large pot of beef vegetable soup every New Year's Day. I remember watching him cook, this man who took me to Red's games, and taught me to fish. Cool men cook, too!

So, combining these two days this month, go to the Farmer's Market, create a big pot of soup, and make some memories with your family.
Bill Barnes
Director of Food Service



	Mon	Tue	Wed	Thu	Fri
					1
					Hamburger on Bun Fish Sticks Cheese Fries Lima Beans/Corn Cream of Spinach Soup
	4 Meatballs/Gravy /Marinara Baked Pasta Wide Noodles Peas/Corn Garlic Bread Beef Vegetable Soup *National Homemade Soup Day	5 Hot Dogs/Brats Baked Potatoes Broccoli/Roasted Mushrooms Chili / Chili Mac / Vegan Chili Ice Cream *National Hot Dogs With Sauerkraut Week *Sandwich Bar Is Open	6 Pot Roast Potatoes, Carrots, Onions Grilled Cheese/Ham & Cheese Chicken Noodle Soup *Sandwich Bar Is Open	7 Chicken Pot Pie Tortellini Alfredo Mixed Vegetables / Corn Minestrone Banana Pudding *National Pasta Alfredo Day *Sandwich Bar Is Open	8 Hamburger on Bun Chicken Patty Chili Cheese Fries Brussels Sprouts/Corn Potato Leek Soup *National Potato Lovers Day
	11 Mid-Winter Break	12 Mid-Winter Break	13 Mid-Winter Break	14 Mid-Winter Break	15 Mid-Winter Break
	18 Corn Dogs Chicken Nuggets Roasted Potatoes Broccoli/Corn Corn Chowder	19 Chicken Tenders Macaroni & Cheese Peas / Carrots Brunswick Stew Ice Cream *Sandwich Bar Is Open	20 Grilled Chicken Wild Rice / Red Potatoes Green Beans/ Corn Pudding Grilled Cheese/Grilled Ham & Cheese Chicken & Rice Soup *National Cherry Pie Day *Sandwich Bar Is Open	21 Pizza Breaded Wings / Hot Wings Mixed Vegetables / Corn Chocolate Cake *Sandwich Bar Is Open	22 Hamburger on Bun Fish Sticks/Fish Sandwich Sweet Potato Fries Asparagus/Corn Creamy Cabbage with Sweet Potato Soup *National Sweet Potato Day
	25 Tacos/ Burritos /Fajitas Rice /Corn / Beans Chips with Queso Dip Veracruz Clam Chowder *National Clam Chowder Day	26 Chicken Stir Fry Sweet & Sour Chicken Steamed Rice / Fried Rice Hot & Sour Soup Ice Cream *Sandwich Bar Is Open	27 Meatloaf / Gravy Mashed Potatoes Green Beans / Corn Grilled Cheese/Grilled Ham & Cheese *National Strawberry Day *Sandwich Bar Is Open	28 Lasagna Tortellini Alfredo Garlic Bread Mixed Vegetables *Sandwich Bar Is Open	
					<div style="border: 2px solid blue; padding: 5px; text-align: center;"> <p>Blue=Gluten Red=Dairy Pink=Shellfish Gold=Eggs</p> </div>