

NOVEMBER
2018
Did you know?

SAYRE
SCHOOL
MAKE-YOUR-MARK

While planning for our traditional Thanksgiving fare on the 14th, I began to recall two of my favorite food memories.

My maternal grandmother is from a very small community in Robertson County. I was at the farm, watching my great aunt prepare chicken and dumplings. I stood beside her, fascinated as she cooked over a wood burning stove, creating this masterful dinner using items from her garden and hen house. I often wonder if watching my Aunt Bessie and my Nonnie Buelah cook later informed my career path.

Another great memory was a day spent with my Uncle Noel, who owned the general store in Mt. Olivet. He would load his big huckster truck with provisions and drive the countryside, delivering to folks who couldn't get to town. I was with him on one these journeys. We pulled to the side of the road for a bologna sandwich, a Pepsi, and a Hershey Bar. Truly one of the most memorable meals of my life.

	Mon	Tue	Wed	Thu	Fri
	<div style="border: 2px solid blue; padding: 5px;"> <p>Blue=Gluten Red=Dairy Green=Nuts Pink=Shellfish Gold=Eggs</p> </div>			<p>1</p> <p>Corn Dogs Tator Tots Broccoli Casserole Gumbo White Cake, Caramel Icing *Sandwich Bar Is Open</p>	<p>2</p> <p>Hamburgers Fish Sandwich Fish Sticks Cheese Fries Lima Beans/Corn Cajun Red Beans & Rice</p>
5	<p>Meatballs w/ Gravy -or- Marinara Wide Noodles Baked Pasta Garlic Bread Mixed Vegetables Portuguese Kale Soup</p>	<p>6</p> <p>Beef, Chicken, Tilapia Burritos, Tacos White Rice/Spanish Rice Black Beans / Corn Chips with Queso Dip Ice Cream *Sandwich Bar Is Open *National Nachos Day</p>	<p>7</p> <p>Pot Roast/Gravy Potatoes/Carrots/Onions Grilled Cheese Grilled Ham & Cheese Chicken & Rice Soup *Sandwich Bar Is Open</p>	<p>8</p> <p>Beef Tips o/ Rice Pilaf BBQ Ribs/BBQ Chicken Breaded Wings/Hot Wings Stewed Apples / Smothered Cabbage Bread Pudding Tomato Dill Soup *Sandwich Bar Is Open</p>	<p>9</p> <p>Hamburgers Chicken Patties Asparagus/Corn Cheese Fries Harvest Soup</p>
12	<p>Pizza Spaghetti Marinara Breaded Wings / Hot Wings Mixed Vegetables Minestrone *National Pizza With The Works Except Anchovies Day</p>	<p>13</p> <p>Chicken Tenders Macaroni & Cheese Peas / Carrots Cassoulet Ice Cream *Sandwich Bar Is Open</p>	<p>14</p> <p>Roast Turkey/Gravy Mashed Potatoes Dressing Grilled Cheese/Ham & Cheese Chicken & Dumplings Pie *Sandwich Bar Is Open</p>	<p>15</p> <p>Chili Dogs Brats With Sauerkraut Baked Potatoes Broccoli with Cheese Sauce Chili / Chili Mac / Vegan Chili *Sandwich Bar Is Open</p>	<p>16</p> <p>Hamburger on Bun Fish Sandwich Beanie Wienies Cheese Fries Lima Beans / Corn Lentil Soup w/ Spinach</p>
<p>Thanksgiving Break</p>					
26	<p>Grilled Chicken Alfredo Tortellini Marinara Au Gratin Potatoes Steamed Broccoli / Corn</p>	<p>27</p> <p>Chicken Tenders Macaroni & Cheese Peas / Carrots Long Island Clam Chowder Ice Cream *Sandwich Bar Is Open</p>	<p>28</p> <p>Meatloaf / Gravy Mashed Potatoes Green Beans Chicken Noodle Soup Grilled Cheese/Ham & Cheese *Sandwich Bar Is Open</p>	<p>29</p> <p>Sloppy Joes Chicken Nuggets Roasted Potatoes Mixed Vegetables Chicken Curry Soup *Sandwich Bar Is Open</p>	<p>30</p> <p>Hamburger Chicken Sandwich Cheese Fries Brussels Sprouts / Corn Chocolate Mousse *National Mousse Day</p>